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HENRY BAKER COLLEGE MELUKAVU

Mentoring &
Counselling Cell

ACADEMIC
YEAR

2018-19

FROM DARKNESS INTO MARVELLOUS LIGHT

Henry Baker College, Melukavu Is a Christian, Minority, Co-Educational, Government-aided Arts and Science College Established In 1981, affiliated to Mahatma Gandhi University, Kottayam, Kerala.

HENRY_BAKER COLLEGE MELUKAVU

Report of Mentoring and Counselling Cell during the Academic year 2018-19

Mentoring is a valuable strategy that provides emotional and instrumental support to the students in achieving their goals. The College has an integrated Mentoring and Counseling Cell that monitors the mentoring system. Mentoring programme has been designed and implemented to render equitable service to students of varied academic and financial backgrounds. We have introduced the mentoring scheme to all students as they are in their transitional phase of life. Mentors lend a helping hand to the mentees in resolving the challenges faced by them in their academic, professional, personal and intellectual life. Mentors are available to serve the mentees whenever a need arises.

Students were assigned to the mentors by the respective Heads of the departments. They provided a list of 10-15 students to each mentor as per the request made by the coordinator. Students got mentors from their parental department itself so that they can freely discuss their issues. Monthly meetings were structured as per the convenience of the mentors and mentees and the data collected were kept confidentially by each mentor.

Issues raised due to misunderstandings, harassments, obsession with mobile phones, health issues, relationship issues, stress, distraction from studies etc are some of the

prominent issues raised by the students. Mentors gave valuable advices, suggested remedial measures and provided assistance to them to overcome their difficulties.

Mentors continuously guided and motivated their students in all academic and non-academic matters. They also

- Provided advise to the mentees regarding the submission of projects
- Contacted guardians whenever situation demanded it.
- Provided professional guidance to the mentees.
- Maintained a brief and precise record of all discussions with the mentees.

The Cell offers a highly efficient mentoring system that fosters the holistic development of the students.

Mentoring and Counselling Cell Coordinator: Elizabeth Joseph.

